Breg Polar Care®
Kodiak® and Cube™

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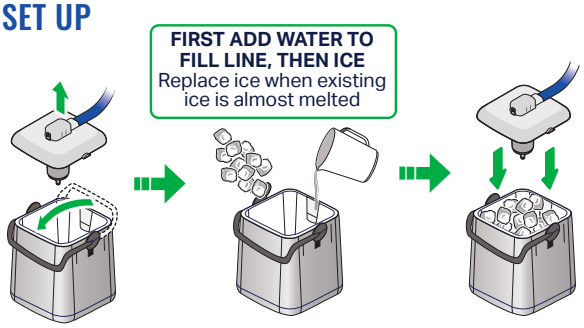
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The Polar Care Kodiak and Cube offer dependable, user-friendly solutions for consistent cold therapy. Cold therapy is an effective treatment for the reduction of pain and swelling typical of orthopedic injury or surgery.

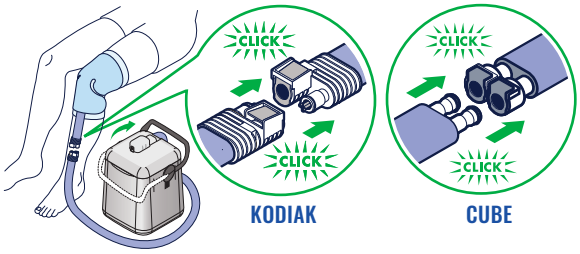
⚠ Warning

The Polar Care Kodiak and Cube can be cold enough to cause serious injury, including full thickness skin necrosis. Read and understand all warnings and follow this information, the Operating Instructions in this product insert, and the Cold Therapy Pad fitting instructions (provided with each cold therapy pad) prior to using this device.

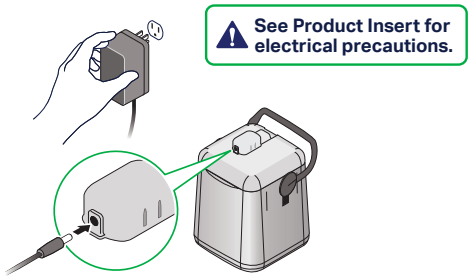
SET UP



COUPLER CONNECTIONS



OPERATION



CHECK SKIN FREQUENTLY



End Session

To stop the pump, disconnect electrical power. Remove pad.

⚠ Warnings

1. **Discuss Treatment with your Licensed Health Care Practitioner.** Provide a complete medical history including any reactions to cold. Certain medical conditions make cold-induced injury more likely. Ask your practitioner about potential adverse reactions and cold-induced injuries.
2. **Use Only as Prescribed.** Use only according to your practitioner's instructions regarding the frequency and duration of cold application and length of breaks between uses, how and when to inspect the skin, and total length of treatment. Do not use this device if you did not receive or do not understand the instructions. Unless your practitioner provides different instructions, to take a break between uses simply disconnect the power from the unit or remove the pad from your body for a minimum of 30 minutes. Federal law restricts this device to sale by or on the order of a licensed health care practitioner.
3. **Apply Insulation Barrier & Cold Therapy Pad.** Do not let any part of the pad touch skin. Always use an insulation barrier (such as Breg Polar Dressing, Webril™, Kerlix™, cast padding or elastic bandage) between the Cold Therapy Pad and skin. If a sterile dressing has been applied to the treatment site that does not completely cover the skin under the pad, use an additional insulation barrier. Use only with the Breg Cold Therapy Pads. Other pads may be colder, increasing the risk of serious cold-induced injury, including full thickness necrosis.
4. **Check for Moisture.** Check for moisture on the barrier between your skin and the cold pad. Discontinue use if the barrier is moist. Change to a dry skin barrier before resuming use.
5. **Inspect Skin Regularly.** Inspect the skin under the Cold Therapy Pad (by lifting the edge) as prescribed, typically every 1 to 2 hours. Ask your practitioner to instruct you on how to inspect the skin area which is being treated by the device. Do not use the Polar Care unit if dressing, wrapping, bracing, or casting over the Cold Therapy Pad prevents skin checks. Stop using and contact your practitioner immediately if you experience any adverse reactions, such as: increased pain, burning, increased swelling, itching, blisters, increased redness, discoloration, welts, other changes in skin appearance, or any other reaction identified by your practitioner.

Tips and Trouble Shooting

Kodiak and Cube

Usage Tips

1. Use cubed or chunked ice for optimal performance.
2. When using a Breg Polar Care Cold Therapy unit with a detachable Cold Therapy pad, it is recommended to drain the pad between uses. To drain the pad, hold the Cold Therapy Pad upright with the hose pointed toward the ground. Roll up the pad from the top down to the hose connection. Or, disconnect the coupler and depress the black plunger buttons inside the connector and allow water to drain out of the pad.
3. You may disconnect the Cold Therapy Pad from the unit without removing the pad from the affected area by depressing the silver tabs on the hose coupling and gently pulling the hoses apart. The Breg Polar Care Cold Therapy Pad and unit will seal itself and will not leak. Note: Some dripping during release is normal.
4. DO NOT RUN PUMP WITHOUT WATER! The pump in this unit is designed to run with water. Running the unit without water will cause permanent damage to the pump.
5. Unplug unit before removing lid.

Troubleshooting Guide

PROBLEM: Pump not running, water not flowing to pad, or pad not cold.

Possible solutions:

- Use larger ice for optimal performance.
- Allow 10 minutes for flow and pressure to stabilize.
- Ensure power outlet is working and plugs are fully engaged.
- Ensure unit has both ice and water.
- Ensure hose is not kinked.
- Disconnect and reconnect the pad and unit.
- Release air by depressing the black plunger buttons inside the unit connector. Note: water may be released.
- Place unit on a table or other raised surface.
- Decrease tension of bandages or straps around the pad.
- Remove pad and lay it flat. Allow pad to fill; reapply.
- Clean filter: Disconnect pad. Remove unit lid. Pull filter cap from bottom of lid. Remove foam filter. Rinse filter cap and filter to remove clogs. Reassemble (Fig. 1).

Cold Therapy Protocol*

Treatment Period	Awake/ Asleep	Frequency/Duration	Inspect Skin Every:
Day:	Awake		
Through			
Day:	Asleep		
Day:	Awake		
Through			
Day:	Asleep		
Day:	Awake		
Through			
Day:	Asleep		

* To be completed by a licensed Health Care Professional

PROBLEM: Condensation

Possible solutions:

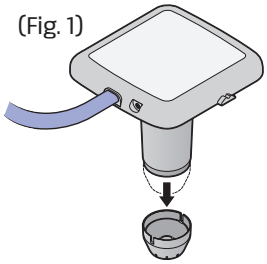
- Wrap material over pad and hose to minimize air exposure.
- Protect the wound site by using a sterile dressing with waterproof barrier.

PROBLEM: Unit is leaking

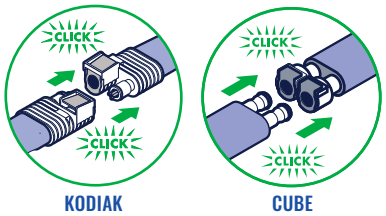
Possible solutions:

- Disconnect unit connector. Ensure metal tabs are pressed down; reconnect (Fig. 2).
- Apply lubricant to o-rings of connectors.
- If leaking continues, or if a leak is detected in the pad or unit lid, stop using the unit and contact Breg Customer Care at 1-800-321-0607 or +1-760-795-5440.

(Fig. 1)



(Fig. 2)



Cleaning

After use, empty and dry the unit with a soft cloth. Warm water and mild detergent may be used occasionally to clean the pump and tubes.

Scan QR code to learn more

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