1. Position sling against rib cage. Bring web straps straight up and over the patient’s shoulders. Place affected arm through the sling (figure 1).

2. Criss cross both straps against the patient’s back (figure 2).

3. Attach hook straps to the front of the sling in a criss cross motion supporting the affected arm (figure 3).

4. Secure arm against the body by attaching the swathe strap to the sling. Place one end of the strap to the sling. Encircle the affected arm and bring around the patient’s back and under the non-affected arm. Secure loose end to the front of the sling (figure 4).

Washing Instructions