

# Dorsal Night Splint

*Designed to help provide relief from pain and discomfort of Plantar Fasciitis and Achilles Tendonitis*



1. Remove the Dorsal Night Splint from bag and open hook closures.



2. Slide foot and heel into elastic piece and tighten the ankle straps and the toe straps. Re-adjust if necessary for comfort.



3. Wrap the calf strap around calf, fasten and adjust for comfort if necessary.



Walking with the Dorsal Night Splint is **NOT** recommended. Non-skid tread is there for minimum ambulation.

Hand wash cold water. Air Dry.



Manufactured For:

BREG, Inc. 2611 Commerce Way | Vista, CA 92081

P: 800.321.0607 | F: 800.FAX.BREG

[www.breg.com](http://www.breg.com)

AW- 1.00299 Rev A 1210

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