Reach For New Heights
FreeRunner™ and FreeSport™ Knee Braces

Common Examples of Use
- Patellofemoral pain syndrome
- Patellar mal-tracking
- Patellar tendonitis
- Patella dislocation / subluxation
- Mild chondromalacia
- Runner’s Knee
- Post lateral release

Sizing Chart

<table>
<thead>
<tr>
<th>Size</th>
<th># Size</th>
<th>Thigh Circumference*</th>
</tr>
</thead>
<tbody>
<tr>
<td>XX</td>
<td>XS</td>
<td>11.5” – 13.5” (29 – 34 cm)</td>
</tr>
<tr>
<td>XX</td>
<td>S</td>
<td>13.5” – 15.25” (34 – 39 cm)</td>
</tr>
<tr>
<td>XX</td>
<td>M</td>
<td>15.25” – 17.25” (39 – 44 cm)</td>
</tr>
<tr>
<td>XX</td>
<td>L</td>
<td>17.25” – 19.25” (44 – 49 cm)</td>
</tr>
<tr>
<td>XX</td>
<td>XL</td>
<td>19.25” – 21.5” (49 – 55 cm)</td>
</tr>
<tr>
<td>XX</td>
<td>XXL</td>
<td>21.5” – 24.5” (55 – 62 cm)</td>
</tr>
<tr>
<td>XX</td>
<td>XXXL</td>
<td>24.5” – 27.5” (62 – 70 cm)</td>
</tr>
</tbody>
</table>

*Measure circumference 4” above center of patella

Innovations

Migration Control

Sorbothane Buttress

Personalized fit for individual patellar tracking

Smart-Zone Compression Fabrics

Light compression

Moderate compression

Elastic banding with silicone strap

View the product family video

breg.com/getbackup

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FreeRunner U.S. Patent No. 6551264

FreeRunner, and FreeSport Knee Braces
Breg’s family of patellofemoral braces offer more choices to help patients stay in the game and compete with confidence. Each brace contains the latest in Breg’s product innovations: a lateral Sorbothane® buttress for patella tracking support; medial and lateral hinges for joint stability; and low profile, ultra-lightweight Smart-Zone™ compression fabrics for enhanced comfort and breathability. From Runner’s Knee to patella subluxation, there’s a Breg patellofemoral knee brace to help patients return to their competitive best.

**FreeRunner™ Knee Brace for Dynamic Stabilization**

The FreeRunner is the premier knee brace for patients requiring patellofemoral tracking support due to acute discomfort, subluxation, mal-tracking and/or dislocations. It incorporates a patented, dynamic offset hinge that progressively compresses to terminal extension then relaxes at full flexion. This means ultimate support when patients need it most and freedom when they don’t.

**Product Features:**
- **Dynamic stabilization**—offset hinge maintains normal patellar tracking from 0°– 30°
- **Compact and lightweight**—measuring in at 10” long and weighing 7 oz.
- **Smart-Zone compression fabric**—compression for support and reduced muscle soreness
- **Anterior closure**—helps maintain a low profile and intimate fit

**Part Numbers / Description**
- 100379-1XX FreeRunner, LT
- 100379-2XX FreeRunner, RT

Available in two styles, a sleeve or wrap-around, both FreeSport braces are designed for everyday patellofemoral support. The sleeve offers an athletic fit while the wrap provides adjustability intended to accommodate broader or muscular leg shapes. Both FreeSport braces provide compression and stability so patients can maintain their activities of choice.

**Product Features:**
- **Ultra compact**—measuring in at 8” long and weighing 7 oz.
- **Wrap**—universal size; can be used on either left or right knee
- **Sleeve**—low profile and sleek design, intended for minimal interference
- **Sorbothane buttress** — continuous lateral support for containment with a personalized fit

**Part Numbers / Description**
- 100462-1XX FreeSport Sleeve, LT
- 100462-2XX FreeSport Sleeve, RT
- 100463-0XX FreeSport Wrap Universal