

BOA Compression Back Brace

Instructions For Use

Indication: Acute and chronic low back pain • Post-Operative Support

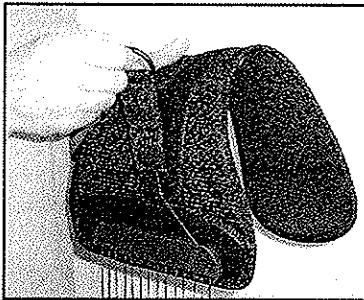
• Activity related low back pain • Disc herniation

Contraindication: Pregnancy and Circulation, Pulmonary, Cardiovascular or Skeletal conditions which have risk to be made worse as a result of compression and/or pressure.

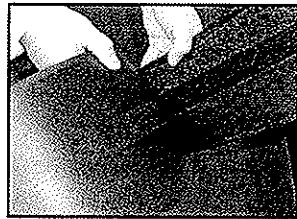
Please read these instructions completely and carefully before applying this brace.
Correct application of the brace is important for proper function.

APPLICATION AND FITTING INSTRUCTIONS

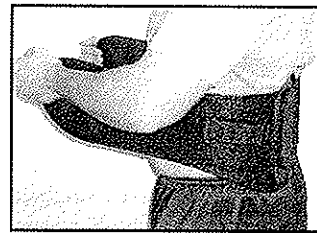
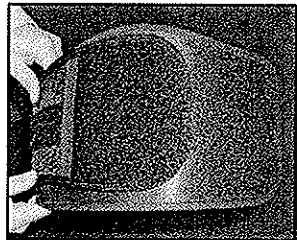
Regular and Low-Profile Compression Back Brace



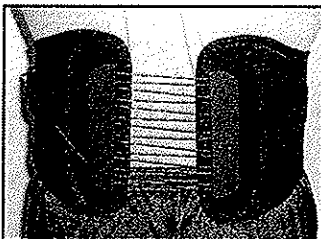
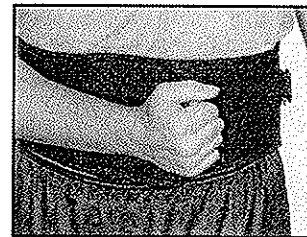
1. Position and fasten the pull-handle as close as possible to the compression panels and fully extend the cord.



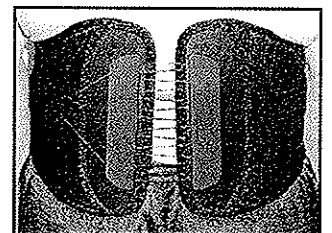
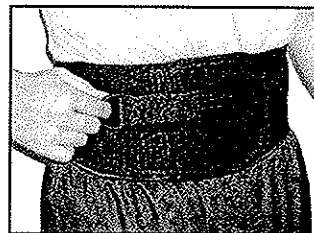
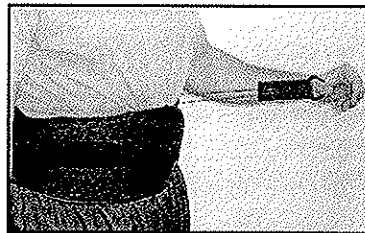
2. Secure the anterior panel to the brace by attaching the hook strip on the panel to the corresponding loop strip on the inside of the brace. Panel should extend approx. 5" beyond end of brace for proper fitting.



3. Referencing the attached label for correct brace orientation, position the brace around the waist and fasten. The pull-handle will be on the left side. The soft lining will be against the body.



4. For proper fit and compression, center the spine between the two side panels and position symmetrically on waist.



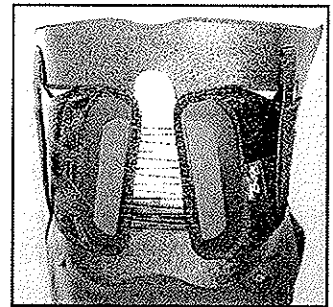
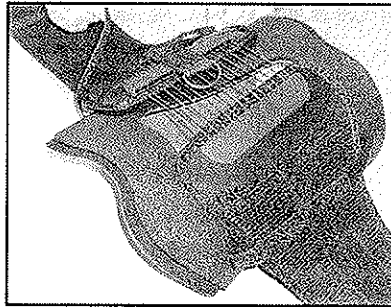
5. To apply compression, grasp the pull-handle and pull to the right. After the desired level of compression is achieved, fasten the pull-handle to the contact strip on the side panels.

Attaching the Brace to the Rigid Frame (Chairback)

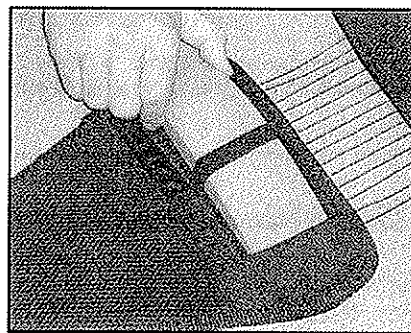
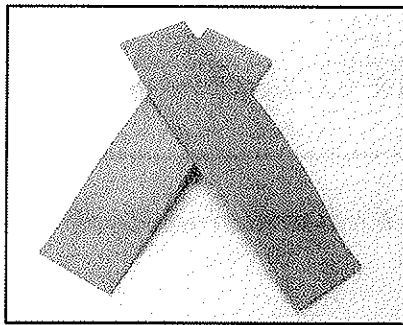
1. Position and fasten the pull-handle as close as possible to the compression panels and fully extend the cord.

2. Open the straps on the sides of the rigid frame. Place the brace around the rigid frame and center it. Fasten the straps on the rigid frame to secure the brace.

3. Apply the brace/frame combination around the waist, repeat steps 3-4 above.



Using the Lordotic Foam Inserts



1. Slide the appropriate insert (7,10 or 12 degree) into the elastic pockets located on the inside of the side panels. Adjust for proper comfort.

Brace Sizing Guide (measurement taken at waist)

Small:	25" - 30"
Medium:	30" - 35"
Large:	35" - 40"
X-Large:	40" - 45"
2X-Large:	45" - 50"
3X-Large:	50" - 55"

Rigid Frame Sizing Guide

Small:	25" - 30"
Medium:	30" - 35"
Large:	35" - 40"
X-Large:	40" - 45"
X-Large:	45" - 50"
X-Large:	50" - 55"

CARE INSTRUCTIONS

Hand wash in cold water using mild soap. Rinse thoroughly, dry with towel then air dry completely. If not rinsed thoroughly, soap residue may cause skin irritation and material breakdown.

WARNING

If you experience pain, swelling, or sensation changes as a result of wearing this brace, consult your healthcare provider immediately. If any fraying or deterioration of the cording is noticed, discontinue use.

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