

Lace-Up Ankle Brace

FITTING INSTRUCTIONS



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W A R N I N G S

CAUTION: FEDERAL LAW RESTRICTS THIS DEVICE TO SALE BY OR ON THE ORDER OF A LICENSED HEALTH CARE PRACTITIONER.

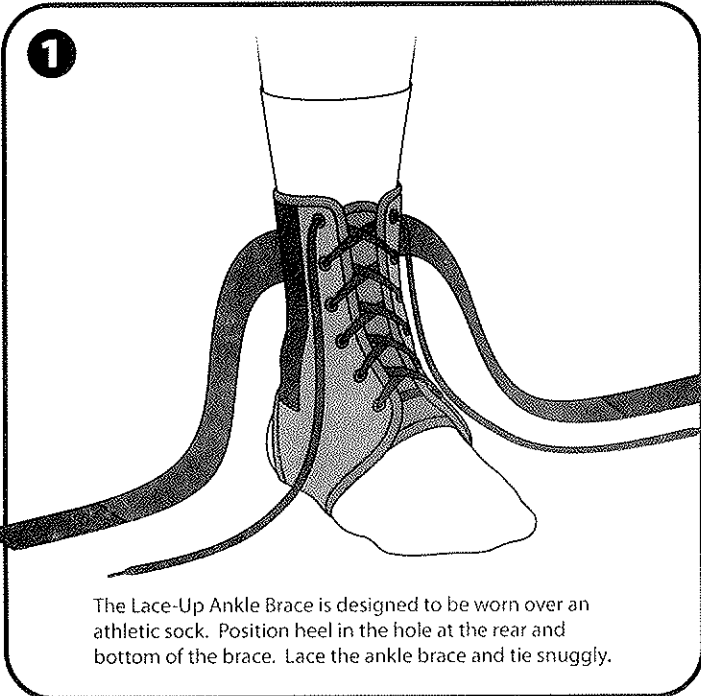
CAUTION: FOR SINGLE PATIENT USE ONLY.

CAUTION: IF YOU EXPERIENCE INCREASED PAIN, SWELLING, OR ANY ADVERSE REACTIONS WHILE USING THIS PRODUCT, IMMEDIATELY CONSULT YOUR MEDICAL PROFESSIONAL.

WARNING: CAREFULLY READ FITTING INSTRUCTIONS AND WARNINGS PRIOR TO USE.

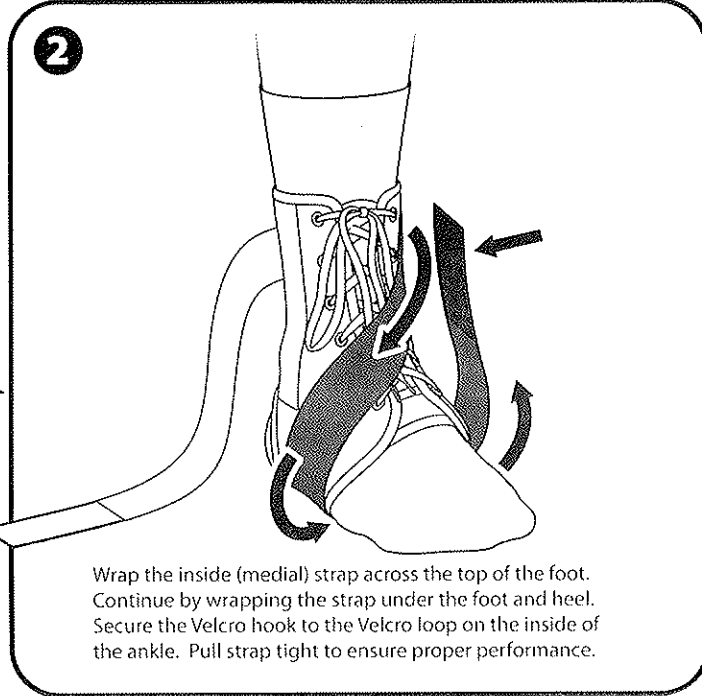
WARNING: THIS DEVICE WILL NOT PREVENT OR REDUCE ALL INJURIES. PROPER REHABILITATION AND ACTIVITY MODIFICATION ARE ALSO AN ESSENTIAL PART OF A SAFE TREATMENT PROGRAM.

1



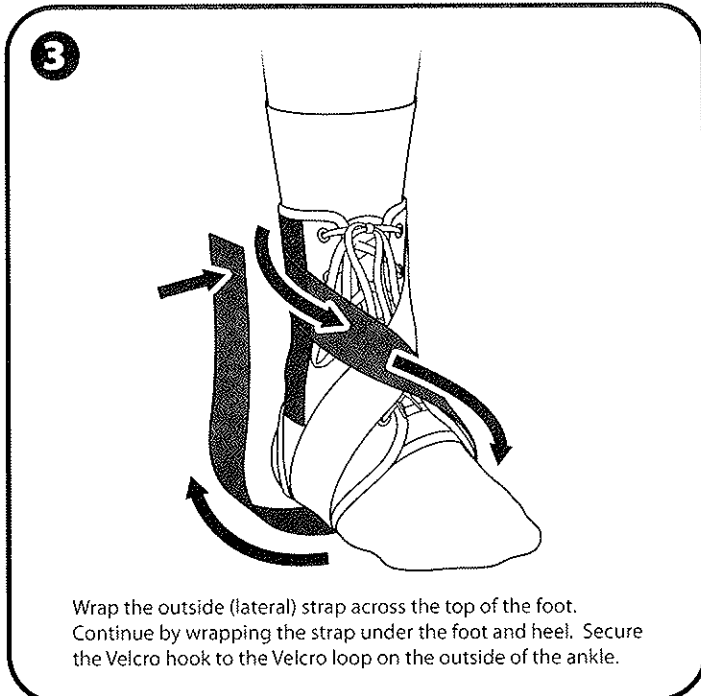
The Lace-Up Ankle Brace is designed to be worn over an athletic sock. Position heel in the hole at the rear and bottom of the brace. Lace the ankle brace and tie snugly.

2



Wrap the inside (medial) strap across the top of the foot. Continue by wrapping the strap under the foot and heel. Secure the Velcro hook to the Velcro loop on the inside of the ankle. Pull strap tight to ensure proper performance.

3



Wrap the outside (lateral) strap across the top of the foot. Continue by wrapping the strap under the foot and heel. Secure the Velcro hook to the Velcro loop on the outside of the ankle.

4



Properly applied Lace-Up Ankle Brace.

CARE AND CLEANING: Hand wash in cold water with mild detergent, rinse, AIR DRY.