

Thumbster™

FITTING INSTRUCTIONS



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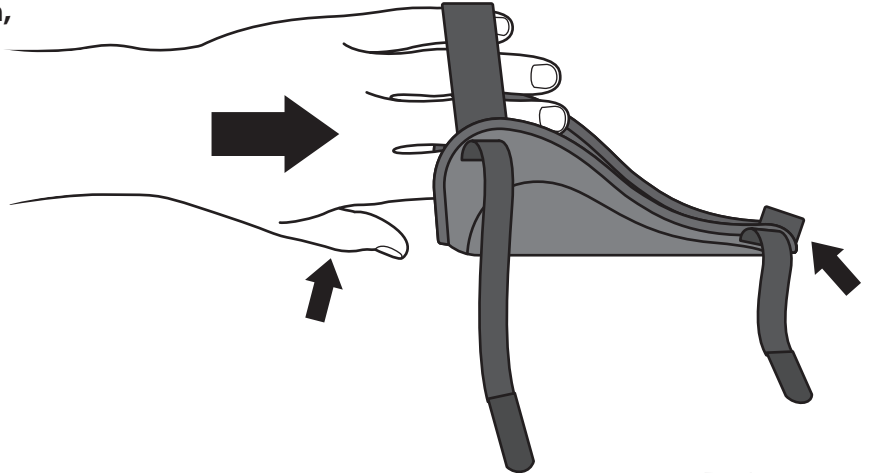
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⚠ W A R N I N G S ⚠

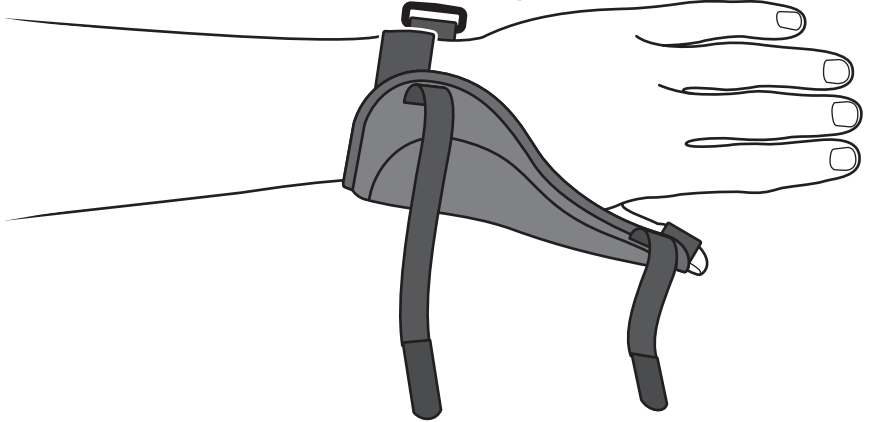
- CAUTION:** FEDERAL LAW RESTRICTS THIS DEVICE TO SALE BY OR ON THE ORDER OF A LICENSED HEALTH CARE PRACTITIONER.
- CAUTION:** FOR SINGLE PATIENT USE ONLY.
- CAUTION:** IF YOU EXPERIENCE INCREASED PAIN, SWELLING, OR ANY ADVERSE REACTIONS WHILE USING THIS PRODUCT, IMMEDIATELY CONSULT YOUR MEDICAL PROFESSIONAL.
- WARNING:** CAREFULLY READ FITTING INSTRUCTIONS AND WARNINGS PRIOR TO USE.
- WARNING:** THIS DEVICE WILL NOT PREVENT OR REDUCE ALL INJURIES. PROPER REHABILITATION AND ACTIVITY MODIFICATION ARE ALSO AN ESSENTIAL PART OF A SAFE TREATMENT PROGRAM.

Example illustrates left hand application, splint can be worn on either hand.

- 1** Slide affected hand through wrist band and into thumb orthosis. Be sure thumb and thumb strap at the front of the orthosis are aligned.

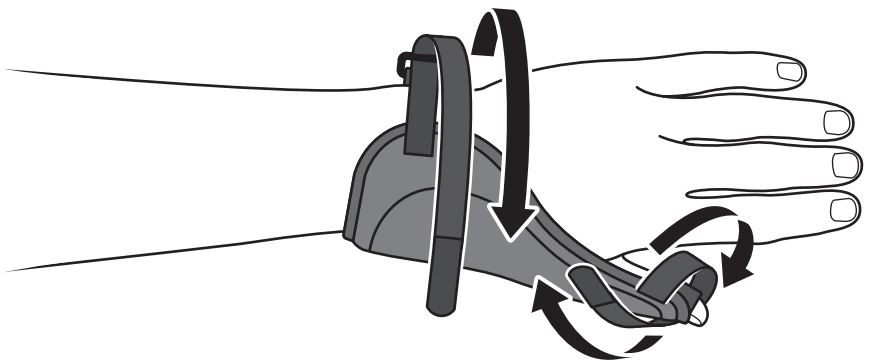


- 2** Illustration shows hand and thumb properly positioned in the orthosis.

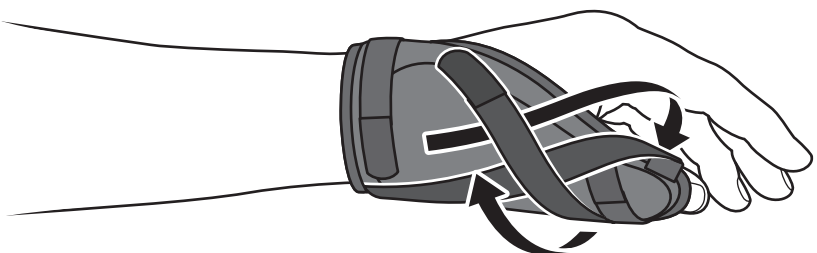


- 3** Thread wrist strap through D-ring and pull the strap snug but not too tight. Attach strap end to thumb orthosis.

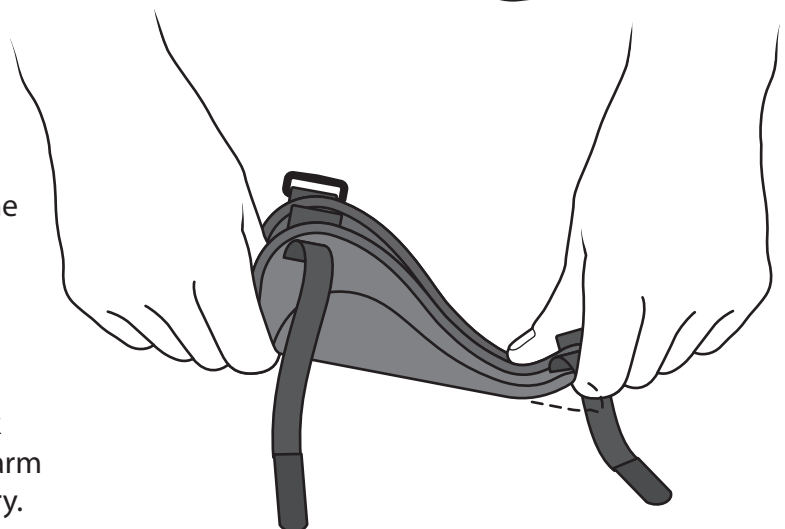
Then wrap the thumb strap around the thumb as shown.



- 4** For additional support, wrap elastic strap around thumb webbing as shown and secure to thumb orthosis.



- 5** For additional comfort and support, the metal stay, which is sewn into the orthosis, can be shaped by bending the malleable material.



Washing Instructions: Fasten hook and loop closures. Hand wash in warm water using a mild detergent. Air dry.