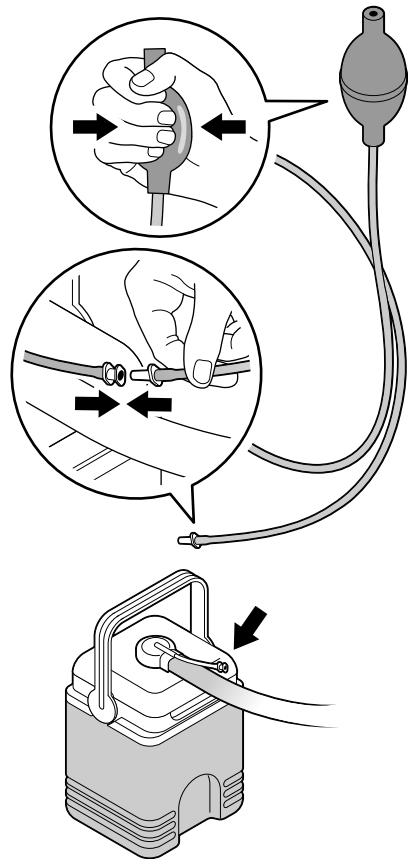


POLAR CARE® 300

HAND BULB USE INSTRUCTIONS



Follow instruction provided with the unit in addition to the instruction provided here.
To use the hand bulb instead of the electric pump, do the following:

1. Connect the hand bulb hose to the short hose on top of the cooler.
2. Squeeze the hand bulb approximately 10 times to fill the pad. To maintain a 45-55 temperature, squeeze the hand bulb 4-5 times every few minutes or as necessary to maintain the cold effect.
3. If the temperature is colder than comfortably tolerated, squeeze the hand bulb less frequently.



Warning: Squeezing the bulb more frequently than 5 to 10 times per minute will reduce the pad temperature significantly. Prolonged use (more than 20 minutes) at these reduced temperatures can cause cold injury to the skin.

 **BREG**
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